

Riccardo Sandretto

Curriculum Vitae

Work and Research Experience

3/2023-9/2023 **Research Fellowship**, Department of Psychology, University of Turin, Torino (Italy)

Title: "Approaches, methods and tools for monitoring occupational well-being"

Scientific supervisors: Prof. Claudio G. Cortese and Prof. Daniela Acquadro Maran.

Scope: Analysis of the literature on methods and tools for measuring organizational and occupational well-being; construction of tools, administration, analysis and study of data and drafting of documents relating to the University's business partnerships; drafting of scientific communications deriving from the collected data.

9/2022-9/2023 **Internship**, Department of Psychology, University of Turin, Torino (Italy)

Quantitative and qualitative research activity in Work and Organizational Psychology and Sports Psychology, support to teaching and organizational activities (e.g., support to exam preparations and to Bachelor's and Master's thesis supervision), Third Mission (e.g., corporate reporting for Tubiflex S.P.A. and Juventus F.C.).

11/2021-5/2022 **Collaboration in Research** commissioned by Piedmont's Active Labour Market Policies Agency: "the skills model for APL: valuing people", University of Turin, Torino (Italy)

Conduction of interviews with workers from various APL (Agenzia Piemonte Lavoro) offices and employment centres, qualitative analysis of the produced material, summary of results in a model and report.

Education

7/2022 **MSc**, Department of Psychology – University of Turin, Turin (Italy)

Work and Organizational Psychology

Grade: 110/110 cum laude

Human Resource Management Curriculum

Thesis: "The Evolution of Cooperation in Supervised Groups"

Supervisors: Prof. Ugo Merlone and Prof. Claudio G. Cortese

3/2020 **BA**, Department of Psychology – University of Turin, Turin (Italy)

Psychological Science and Techniques

Grade: 103/110

Thesis: Relationship between exposure to the urban context and mental disorders;

Supervisor: Prof. Stefano Tartaglia

Publications

Sandretto, R., Cortese, C.G., Pibiri, F., & Caputo, A. (2023). Playful Work Design e Team Boosting Behaviors: Strategie a favore del benessere a lavoro. In *Proceedings of the XV GNPP conference, Società Italiana di Psicologia Positiva*.

Caputo, A., Drivet, S., **Sandretto, R.**, Vercelli, G., & Cortese, C.G. (2023). The e-S.F.E.R.A. Questionnaire: A new tool for sport psychologists working in mental training. *The Open Psychology Journal*, 16(1), 1-13. <http://dx.doi.org/10.2174/18743501-v16-230301-2022-105>

Sandretto, R. & Merlone, U. (Under Review). The Evolution of Cooperation in Supervised Groups. *International Journal of Organization Theory & Behavior*.

Caputo, A., Gatti, P., Cerato, B., **Sandretto, R.**, Marchisio, L., Sottimano, I., Converso, D., & Cortese, C.G. (Under Review). School leadership and crisis management in COVID-19: A qualitative research in an Italian context. *The International Journal of qualitative studies on health and well-being*.

Caputo, A., **Sandretto, R.**, & Cortese, C.G. (Under Review). Crossover in leader-follower relationship: A systematic review. *Journal of Managerial Psychology*.

Caputo, A., Gatti, P., Clari, M., Garzaro, G., Dimonte, V., & Cortese, C.G. (2023). Leaders' Role in Shaping Followers' Well-Being: Crossover in a Sample of Nurses. *International Journal of Environmental Research and Public Health*, 20(3), 2386. <http://dx.doi.org/10.3390/ijerph20032386> (**Acknowledgements**).

Other

3/7/2023 Participation to Master's Graduation Committee, University of Turin, Torino (Italy)

16/6/2023 Participation to XV GNPP conference, Società Italiana di Psicologia Positiva, Torino (Italy)

10/2022-9/2023 Participation in monitoring research about wellbeing in Juventus College, University of Turin, Torino (Italy)

- 2/2023-5/2023 Participation in “Complex Identities and Wellbeing at Work” project, University of Turin, Torino (Italy)
- 10/2022-3/2023 Participation in “Business Consultancy for TUBIFLEX SPA for the realization of the Satisfaction Survey” project, University of Turin, Torino (Italy)
- 10/2022-9/2023 Participation to the WOW - Work and Organisational Well-being Research Group, University of Turin, Torino (Italy)
- 10/2022 Participation to the organizational committee of FEPTO research committee meeting "Research on psychodrama in between social crisis, life and death", Torino (Italy)