



Alessandro Franzò

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About me: I'm a curious person, always searching for something new to learn. My academic path has been made of contaminations and multidisciplinary courses, with a focus on the overlapping between social psychology and philosophy. In addition to my scholar interests, I try to keep up to date with the newest technological advancements and with the main trends in the interconnected global community.

● WORK EXPERIENCE

01/07/2020 – CURRENT – Padua, Italy
POSTGRADUATION INTERNSHIP – UNIVERSITY OF PADUA

My internship has been centered on the analysis of the interaction between the digital dimension and the identity processes, specifically looking toward the case of the population hit by the Pfas contamination disaster in Veneto Region. My contribution was part of a broader study about the psychological effects of such an event and the implementation of a community intervention for the well-being of the people affected by it. During my research, I deepen the acknowledgment of not only the extant literature about environmental contaminations but also about the reconstruction processes of identities shown in similar cases. To better understand what I observed in some social network groups, I studied the virtual ethnography methodologies and the software used to treat the emerging data. This whole theoretical preparation and practical work resulted in a paper draft, which then became the chapter mentioned above.

● EDUCATION AND TRAINING

01/10/2021 – CURRENT – Via Pace, 10, Milan, Italy
PHD IN SOCIOLOGY AND METHODOLOGY OF SOCIAL RESEARCH – NASP - Network for the Advancement in Social and Political Studies

SOMET (Sociology and Methodology of Social Research) is one of the leading sociological PhD Programmes in Italy. Entirely held in English, its courses, seminars and research activities are organised jointly by the University of Milan and the University of Turin. Its Faculty also includes sociologists from other Italian and international universities. The aim of the programme is to provide structured and advanced training in theoretically-guided empirical research across a wide range of sociological fields and to introduce students to current international issues in both qualitative and quantitative social research.

Field(s) of study

- Social sciences

EQF level 8 | PhD | <https://nasp.eu>

28/06/2021 – online, Netherlands
MOOC IN CLASSICAL SOCIOLOGICAL THEORY – University of Amsterdam through Coursera

The Massive Open Online Course (MOOC) held by the University of Amsterdam through the online education platform Coursera, was aimed at the acquisition of the main concepts of classical sociological thought through its historical evolution. Starting from some well-known authors, like Alexis de Tocqueville, Émile Durkheim, Max Weber and Norbert Elias, this course constituted an introduction to the study of social sciences, granting the possibility to approach even the most contemporary sociologic theories with adequate knowledge to understand them critically.

Field(s) of study

- Social sciences

<http://coursera.org/verify/5NK9XNDD6RV/>

The Johns Hopkins University's course, offered through the online education platform Coursera, was centred on the main concepts of the psychological first aid protocol named R.A.P.I.D., elaborated by George S. Everly Jr. and Jeffrey M. Lating. Moreover, with the help of simulations and case studies the course offered me the tools needed to propose myself as a qualified professional in psychological assistance for emergencies and disaster events. In particular, the training was aimed at the acquisition of expertise related to the reception of mental health issues, the triage and the psychological assessment.

Field(s) of study

- Health and welfare

<http://coursera.org/verify/K23S426VH3XQ>

03/10/2020 – 10/02/2021 – Florence, Italy
POSTGRADUATE DIPLOMA – Giunti Psychometrics S.r.l.

The postgraduate degree course on Sport Psychology gave me knowledge, competencies, and tools to operate professionally in this field. The main areas covered by the course were the theories and interventions that could be implemented working with athletes, sports professionals, schools, and individuals who want to reach a higher level of personal well-being through physical activity. The subjects were presented with a multidisciplinary approach, in order to give practical expertise useful to work in various environments and to network with different professionals.

Field(s) of study

- Social sciences, journalism and information : *Psychology*
- Services : *Sports*

EQF level 7 | Master di Primo Livello

02/10/2017 – 16/04/2020 – Padua, Italy
MASTER'S DEGREE – University of Padua

I did a thesis on the expanding digital dimension and its influence on the subjectification processes and interpersonal relations, with the guidance provided by the works of Félix Guattari and Sherry Turkle. The supervising of Adriano Zamperini (social psychology) and Ilaria Malaguti (philosophy) granted the maximum openness to my study. The degree course prepared me for the complexity of the clinical psychology interventions, giving me expertise about the encounter phase, communication skills apt to different contexts (dyadic, familiar, group, institutional, etc.), psychological prevention, and well-being promotion. Moreover, I deepened my studies about diagnostics (personal, familiar, and relational), psychotherapy, intercultural processes, and social deviance. At the same time, I acquired the methodologies and skills needed in academic research, as well as the theoretical models about the intra- and inter-personal sphere (cognitive, affective, and relational functioning), the deep understanding of individuals and contexts, micro- and macro-processes of psychological environments (social and cultural influences). The two internships included in the degree course offered me the opportunity to consolidate my acknowledgments and to gain practical know-how in the field of academic research.

Field(s) of study

- Social sciences, journalism and information : *Psychology*

110L | Off-world: emerging identities and subjectivation machines within the digital dimension | EQF level 7 |

Diploma di Laurea Magistrale

05/09/2014 – 25/09/2017 – Padua, Italy
BACHELOR DEGREE – University of Padua

I graduated in Scienze Psicologiche della Personalità e delle Relazioni Interpersonali with a thesis that joined the field of psychoanalysis with the one of social psychology, supported by Caterina Suitner. During the degree course, I acknowledged the main theories of psychology, such as the developmental phases and the psychological mechanisms involved in familiar and social frameworks. I acquired competence in the analysis of relational and affective processes and their treatment if dysfunctional, but also in the evaluation of personality traits and social interactions. In addition, I learned the core notions on prevention and promotion of individual and group well-being, especially in community and institutional contexts.

Field(s) of study

- Social sciences, journalism and information : *Psychology*

108/110 | The evil within: defence mechanisms involved in the dehumanizing processes | EQF level 6 |

Diploma di Laurea di Primo Livello

I attended the Languages curriculum named "Sperimentale Brocca", which consisted of the study of both languages (English, Spanish and Russian) and a broader approach to humanities. Due to this, I had the opportunity to deepen my knowledge of the literature and the culture of the Countries related to the languages I studied. At the same time, I acquired a solid base on the most important topics, such as biology, law, physics, history, and philosophy.

Field(s) of study

◦ Arts and humanities : *Literature and linguistics*

90/100 | Distopia | EQF level 4 | Diploma di Liceo Linguistico

● LANGUAGE SKILLS

Mother tongue(s): ITALIAN

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B1	C1	B1	B1	B2
SPANISH	B1	B2	B1	A2	A2
RUSSIAN	A1	A1	A1	A1	A1
FRENCH	A2	B1	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● PUBLICATIONS

Genere e cittadinanza ecologica

Zamperini, A. & Menegatto, M. (Eds.) (2021). Padova University Press.
2021

I have co-written a chapter in the book "Cattive Acque. Contaminazione ambientale e comunità violate" by Adriano Zamperini and Marialuisa Menegatto. The book is a pioneering study about the psychological effects of technological disasters and environmental contaminations. In this specific chapter of the book, I joined the main authors, together with colleagues Martina Arcadu and Michele Musolino, to speak about the overlapping fragilities of Vicenza's female population hit by the Pfas contamination. My personal contribution was on the use and opportunities offered by Social Networks Sites for the emergence of the active minority called Mamme NoPfas.

● CONFERENCES AND SEMINARS

02/09/2021 – Online - London

Being you: a new science of consciousness

A talk held by the Royal Institution, where writer and broadcaster Adam Rutherford introduced Anil Seth. Using innovative combinations of theory and experiment, Seth argued that our brains are prediction machines inventing our world and correcting our mistakes by the microsecond. His cutting-edge perspective on consciousness shed light on the nature of the self, free will, the intimate relationship between being alive and being aware - and the possibility of conscious machines.

28/06/2021 – Online

5x15 - 140 Artists' Ideas for Planet Earth: Brian Eno, Rob Hopkins & Carolina Caycedo

Webinar held by the co-founder of 5x15 Rosie Boycott, who presented the literary and art pieces of the guests: the composer Brian Eno, the writer and ecologist Rob Hopkins, the painter Carolina Caycedo and the art historian and curator Kostas Stasinopoulos. These important guests presented the contribution that art can offer to find creative solutions to the climate crisis, which was also the main goal of the presented long-standing agenda "Back to Earth" of the Serpentine Galleries.

25/06/2021 – Online

Sport per tutti. Lo sport come strumento per misurarsi e sviluppare autonomia

Webinar on the opportunities offered by paralympic sport activities for people with disabilities, part of a series of events held by UILDM for its 60th anniversary. Moderated by the journalist Claudio Arrigoni and with the participation of Presidents Marco Rasconi (UILDM), Luca Pancalli (CIP), Marco Giunio De Sanctis (FIB) and Andrea Piccillo (FIPPS).

11/06/2021 – 12/06/2021 – Online

La psicologia dello sport dell'età evolutiva: Approfondimenti teorici e strumenti operativi della psicopedagogia dello sport e del movimento

Webinar held by Giunti Psychometrics with the help of professors Barbara Rossi, Lucia Castelli, Daniele Stizza and Mario Poletti. The goals of this in-depth webinar were to assess and understand the following points: the importance of play and sport practice for kids and adolescents; the major contributions that neuroscience offer to better understand the learning processes; the importance of supporting and training adequately the various adult figures that play a role in youth sport activities; to be able to draft and evaluate a project for youth sports promotion inclusion, based on the different ability levels; to know and realize integration and inclusion games in the scholastic and sports field.

07/05/2021 – 08/05/2021 – Online

Adolescenti tra Iperconnessione, adescamento e Cyberbullismo: Nuova clinica per nuovi setting

Intensive course organized by Giunti Psychometrics in collaboration with Giuseppe Lavenia, Riccardo Marco Scognamiglio, and Lorenzo Brocchini. The main goals were to learn how to identify and describe cyberbullying, technological addictions, and social isolation, in order to better understand the relational problems of adolescents and adults and learn how to promote well-being through different types of intervention (e.g. in schools).

20/04/2021 – Online

Storia, impegno e futuro del Disability Manager

Webinar organized by S.I.Di.Ma. with the participation of many professionals, who talked about the training process of the "disability/diversity manager", its competencies, and his possible fields of intervention.

10/04/2021 – Padua

Seminario di studio: Disastri ambientali e problemi umani

Seminar on the topic of environment and green crimes, with the lectures of Marco Monzani, Adriano Zamperini, Marialuisa Menegatto, Lorenzo Natali, and Antonio Pergolizzi. There was also a lectio magistralis held by Emilio Viano, connected from the American University of Washington D.C.

10/04/2021 – Padova

Seminario di studio: Disastri tecnologici e sofferenza umana: il caso Pfas in Veneto

Seminar on environmental disasters and contamination events in which was presented the book "Cattive Acque. Contaminazione ambientale e comunità violate" (which count also my contribution), held by Adriano Zamperini, Marialuisa Menegatto, and Michele Musolino.

27/03/2021 – Online

Disabilità, benessere psicologico e autorealizzazione: quali strumenti?

Webinar held by Lelio Bizzarri, who presented his work on people with disabilities and their psychological needs.

26/03/2021 – Online

Esposizione a PFAS e manifestazioni cliniche: strategie di intervento sanitario

Webinar about the most recent bio-medical studies about Pfas endocrine disruptors and the sanitary interventions planned by Veneto Region, held by Carlo Foresta and with the participation of many academics, technicians, and authorities.

10/03/2021 – 23/03/2021 – Online

Allenatori, cosa è cambiato

Series of online formation events about the new challenges posed by the recent pandemia on coaching and some hints to overcome them, organized by Sport Senza Frontiere Onlus with the participation of Barbara Rossi, Chiara Pidello, Massimiliano Ruggiero, Antonio Fiore e Andrea Cauteruccio

19/02/2021 – Online

Ripartire dalle città: Il sostegno del POR FESR per la sostenibilità, qualità e inclusività dello sviluppo urbano tra presente e futuro

Annual meeting of POR FESR 2014-2020 project, hinged on the Sustainable Urban Development and its future scenarios, in which were presented the results of a cycle of webinars held on the topic, organized by Veneto Region.

23/11/2020 – 22/02/2021 – Venice

L'arte è Vita

Two cycles of four lessons each about art history, held by Alessandra Montalbetti with the Peggy Guggenheim Museum patronage.

28/01/2021 – Online

La valutazione della personalità: il DPA, un nuovo strumento dimensionale

Webinar about a recent tool for personality assessment, the DPA, organized by Giunti Psychometrics.

14/12/2020 – Online

La stanza del mental coach

Webinar about mental coaching, held by Forma Psicologi.

10/12/2020 – Online

Conflitti ambientali e partecipazione

Webinar on the importance of participation for the environmental challenges posed by the contemporary age, with the participation of Marianella Sclavi.

02/12/2020 – Online

Somministrare un test online: una soluzione per la continuità assistenziale

Webinar on the new platform launched by Giunti Psychometrics in order to administer tests to patients without being in presence, useful to maintain the psychological support needed when operating remotely.

01/12/2020 – Online

Volontari di fiume: Significati di un impegno civile per l'ambiente

Online conference about "river volunteering" and first data emerged from a research on it, organized by Giorgio Osti and Petra Muneratti for the association Aree Fragili.

22/05/2020 – Online

Esposizione a PFAS e manifestazioni cliniche: quali evidenze scientifiche e ruolo del medico del territorio

A webinar presenting the final data of a study on the effects of Pfas contamination on the Veneto population, conducted by Carlo Foresta and his team (University of Padua). There were also other scholars presenting their researches on the consequences of environmental influences on human biological development.

09/05/2019 – Padua

Scienze psicologiche per la sicurezza

Conference held by Adriano Zamperini, part of the cycle of events "Galileo - Settimana della Scienza e Innovazione" organized by the University and the Municipality of Padua.

11/03/2019 – Padua

Cittadini al tempo dell'indifferenza

I participated and offered organizational help in a conference held by Adriano Zamperini, which was part of the activities included in the Master on Urban Security Executive and Contrast to Violence (1st Level, supervised by Zamperini himself), and in which talked Gherardo Colombo (former magistrate) and Don Luigi Ciotti (founder of Libera).

05/06/2018 – Padua

Il Modello SFERA: Psicologia della Prestazione Umana

Introductory seminar on the SFERA Model held by one of its main contributors, Giuseppe Vercelli, and its possible usages in different fields of intervention and research.

26/05/2018 – Padua

Gli Approcci Centrati sull'Azione in Psicologia dello Sport

Seminar on the importance of body and physical activity in the interventions of sport psychologists, specifically when elicited by the needs expressed by athletes, held by Laura Bortoli.

28/04/2018 – Padua

La Gestione dell'Aggressività attraverso lo sport

Seminar on the possible uses of sport as a tool to help people to deal with aggressivity disorders if adequately followed by a sport psychologist, held by Daniela Bartoli.

21/04/2018 – Padua

Comunicazione e Allenamento degli Obiettivi tra Staff Tecnici e Dirigenziali e tra Atleti e Coach: Possibili usi del Performance Profile

Practical seminar on the usage and possibilities offered by the Performance Profile in the field of sport psychology, held by Miriam Jahier.

10/04/2018 – Padua

L'Atleta Consapevole: il Contributo della Mindfulness nello Sport

Introductory and practical seminar on the tools offered by the mindfulness approach to sport psychology, held by Alberto Fistarollo.

10/03/2018 – Padua

L'Intervento dello Psicologo dello Sport in Ambito Paralimpico

Seminar on the tools and skills needed to operate adequately in the field of Paralympic sport psychology, held by Annalisa Avancini.

● HONOURS AND AWARDS

09/2019

Best T-Stick – Jesolo European Tournament 2019

08/2019

Best Goalkeeper – 22nd Munich Cup

2019

Campione d'Italia – Federazione Italiana Paralimpica Powerchair Sport

2018

Campione d'Italia – Federazione Italiana Paralimpica Powerchair Sport

2017

Campione d'Italia – Federazione Italiana Paralimpica Powerchair Sport

● ORGANISATIONAL SKILLS

Organisational skills

I have experiences in leading a team thanks to my role of vice-captain of a hockey team, as a matter of fact, I am able to coordinate and work efficiently in a team to pursue a collective goal through the work of many people. On the other hand, my disability pushed me to pay more attention to organizational elements of my activities, such as in my trips and daily life, in which all tasks become harder and need to be prepared and carried out adequately.

● HOBBIES AND INTERESTS

Interests and sport

I am a passionate reader and I also write short stories of my own. My inspiration comes exactly from my favourite writers, such as the beatniks and John Fante, who taught me the importance of a deep psychological and existential view for understanding the meaning of things. My first interest is philosophy, which I began to study when I was 15 years old, but I also enjoy watching films and follow the most recent media trends, from gaming to social memes. Coming from a very sporty family I early learned to express myself through competitions and challenges, ranging from skiing to powerchair hockey, which is now my main discipline. With the team Black Lions Venezia I won 3 National Leagues, raising from the Under 21 to the first team and gaining the honour to be vice-captain of it. In the last years, I was also called to play with the Italian National Team (current World Champions) for the next European and World Cup.

● COMMUNICATION AND INTERPERSONAL SKILLS

Communication and interpersonal skills

I consider myself to have good communication skills, thanks to the various experiences I can count in many fields. My humanities formation taught me to be open-minded and curious, qualities I fueled also with numerous trips in Italy and abroad. Moreover, my sport career helped me find a way to express myself briefly and precisely in different contexts, gaining the skill to moderate my communication skills in order to be understood and to work in team.